



URODYNAMICS

Your doctor has ordered a functional study on your bladder. The study, called urodynamics, is designed to assess your bladder's ability to fill, store and empty. A typical urodynamics study consists of a series of tests performed to thoroughly evaluate the bladder and urethral function. The study is performed by placing a specialized catheter into the bladder and measuring bladder function. Your bladder will be filled with sterile fluid to capacity. You will be asked to cough and bear down with your bladder full. You will then empty your bladder by voiding while the catheter is in your bladder. These tests will elucidate your bladder's function helpful in evaluating causes for leaking urine, difficulty emptying the bladder, frequent urination, and loss of bladder support.

Urodynamics Instructions:

1. This testing cannot be performed if you are being treated for or have a urinary tract infection. Please notify the office before your test if you believe you have a urinary tract infection.
2. Please discontinue the following medications one week prior to testing: Enablex, Ditropan, Sanctura, VesiCare & Detrol
3. Record a bladder diary as instructed. Bring the completed bladder diary(ies) with you to your urodynamics study and give it to the technician performing your study.
4. On the day of your test it is important that you come in with a full bladder. To assist you, we recommend that you ***please drink 32 oz. of water and do not void one hour prior to your test.***

If you cannot make it to your test on time or need to reschedule, please call the office in advance.

A \$25 FEE WILL BE CHARGED FOR FAILURE TO CANCEL OR RESCHEDULE 24 HOURS IN ADVANCE.

If you have any questions please call our office at (480) 834-5111